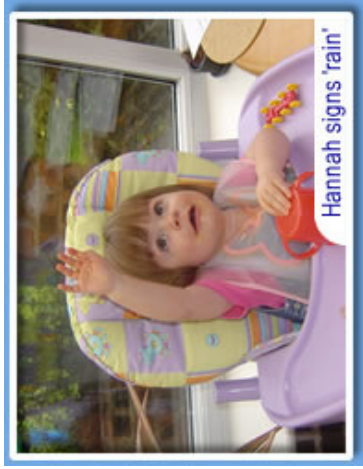


# Baby Signing



The Baby Signing session is run by Shelia (Family Support Worker) on a Wednesday, 1:30—2:30pm (term time only).  
Booking in advance is not required.



## Benefits of Baby Signing

- Strengthens the child - parent/carer understanding and bond
- Can reduce frustration
- Boosts the self esteem and confidence of the child and the parent/carer
- Increasing communication levels can reduce behavioural problems
- Reduce stress levels



## What is Baby Signing?

Baby signing teaches babies a form of pre-verbal communication. From as early as 6 to 9 months old, babies can begin to tell you what they want, what they are thinking about and how they feel.

This leads to an early language development and understanding as the signs are always said at the same time.

